Prevention Is Better Than Cure

Glory

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Introduction

❖ In 2018, everyday nearly 7000 neonatal deaths were occurred within the first week after birth.

❖ In 2017, the average rate of 18 deaths per 1,000 live births was occurred in the first month after giving birth.

❖ SDG (Target 3.2) is to reduce neonatal mortality to at least as low as 12 per 1000 live births.

❖ Since Sustainable Development Goals (SDG) is to encourage the today’s youth to take responsibilities in forwarding the ASEAN Community.
Objectives

By 2030,

- To reduce neonatal mortality to at least as low as 12 per 1,000 live births
- To reduce under-5 mortality to at least as low as 25 per 1,000 live births.
- To reduce preterm birth and its complications.
- To give equal treatment to pregnant mothers.
- To provide essential facilities to mothers and their preterm babies.
Life Expectancy Rate from 2007-2015
Crude Birth Rate in 2017

<table>
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<th>Country</th>
<th>Rate</th>
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<td>Lao’s PDR</td>
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<td>Viet Nam</td>
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Infant Mortality Rate in 2010-2017

TEAM GLORY

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Neonatal Mortality Rate in 2017

- Brunei Darussalam: 9.60
- Cambodia: 14.90
- Indonesia: 12.40
- Malaysia: 4.30
- Myanmar: 24.10
- Philippines: 13.60
- Singapore: 1.10
- Thailand: 5.30
- Vietnam: 16.90

Highest rate – Myanmar
Lowest rate – Singapore
Main causes of Neonatal Mortality in 2017

* Highest Cause of Neonatal Mortality – **Preterm**
- Highest – Indonesia
- Second highest – Philippines
- Lowest – Viet Nam
Findings

Healthcare Coverage

➢ In 2012, **Malaysia** had a rate of **100**, **Singapore** had a rate of **93** and **Thailand** had a rate of **98** in healthcare coverage.

➢ **Vietnam** and **Cambodia** were the **second** and **third** highest in neonatal mortality rate because of the effect of low healthcare coverage rate.

Healthcare Coverage in 2012
Recommendations

1. Prenatal or Antenatal Care

- To visit their doctors or midwife 5 to 8 times during their pregnancy time.
- To visit antenatal clinic or midwife monthly until 32 weeks of gestation period.

2. Seminar Workshop

- To attend seminar workshops presented and organised by skilled health advisors.
- To encourage mothers to attend monthly meetings and conferences for helping them how to take care of their preterm birth babies.
3. Providing free vitamins

- To provide medicines which are needed in pregnancy time.
- To provide enough GDP to spend on these issues from the government.

4. Breast Feeding

- To provide infants to have enough breast milk without any supplements or drink, or even water.
- To do breast feeding to the infants in their first six months.
Conclusion

○ Provide information related with
  • healthcare coverage for all people
  • prenatal and antenatal care
  • knowledge sharing like seminars, workshops, etc.
  • recommendation for the government to provide free medicines to mothers
  • breast feeding properly to babies
References

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“A baby’s smile is a bit of sunlight wrapped in your arms.”
Questions and Answers